

Heart Health Screening

Complimentary Cholesterol Lipid Screening

Cardiovascular disease (CVD) includes high blood pressure, coronary heart disease, stroke and heart failure and is the leading cause of death in adults in the United States¹. You can reduce your risk for cardiovascular disease by managing your blood pressure and cholesterol levels.

Understand your risk by participating in a complimentary heart health screening, which includes blood pressure, body mass index, total cholesterol, LDL or “bad” cholesterol, HDL or “good” cholesterol, triglycerides and glucose. Learn valuable information about managing your cholesterol which may help you, a friend, or a family member reduce the risk for developing cardiovascular disease.

When: September 9th

Where: PBGH Annual Health Care Symposium
Marriott Pittsburgh City Center

Time: 7am until 11am

What: Fingertick to obtain a blood sample. Your screening results are available within minutes.

Since cholesterol results are impacted by recent food intake, the recommendation is to fast 9-12 hours before the screening event

All collected data is private and will be kept confidential; individually identifiable results will not be made available to your employer.

Screenings will be performed by US Wellness, Inc.

References: 1. American Heart Association. www.americanheart.org, accessed January 18, 2008.